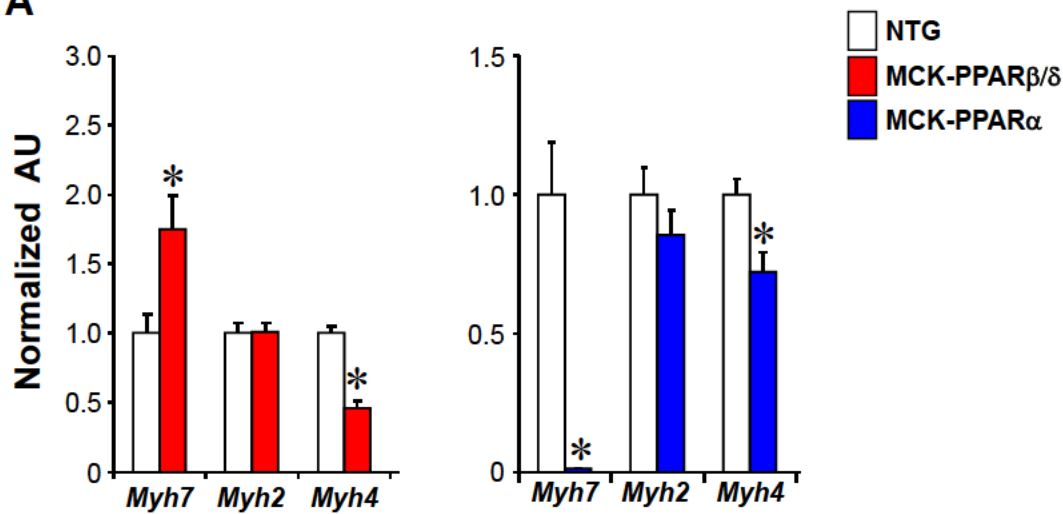
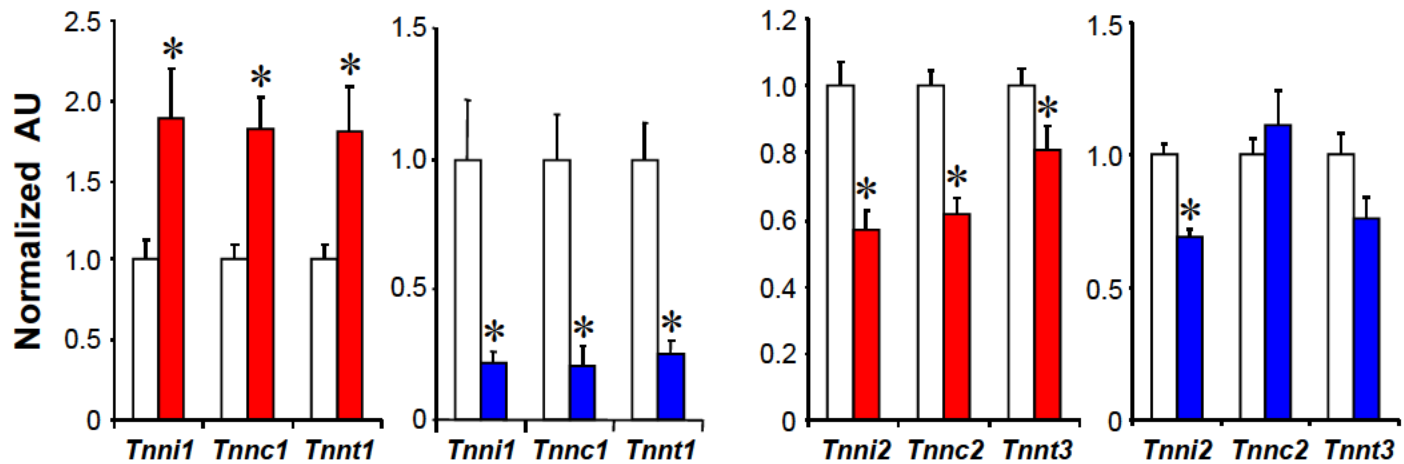
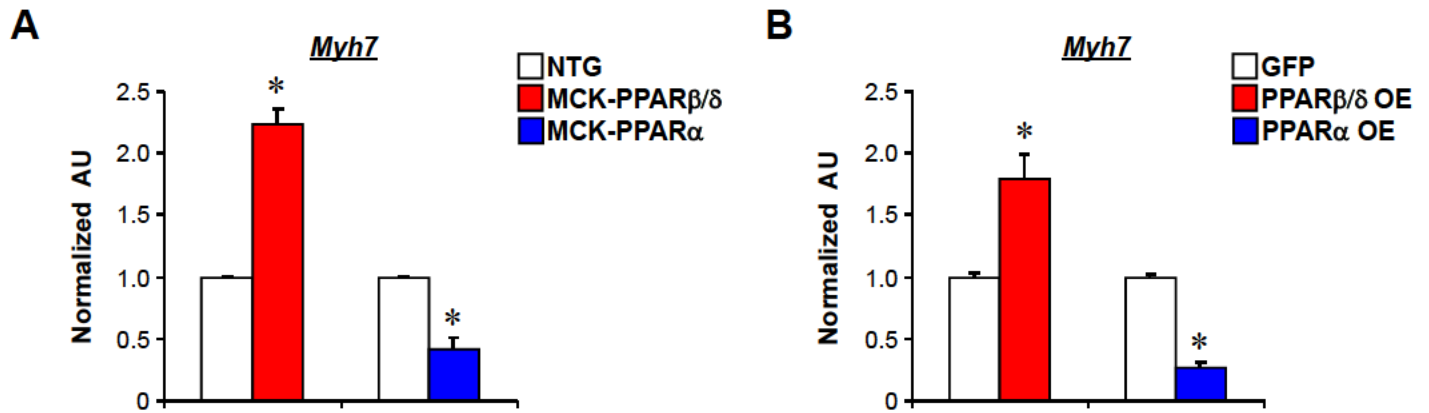
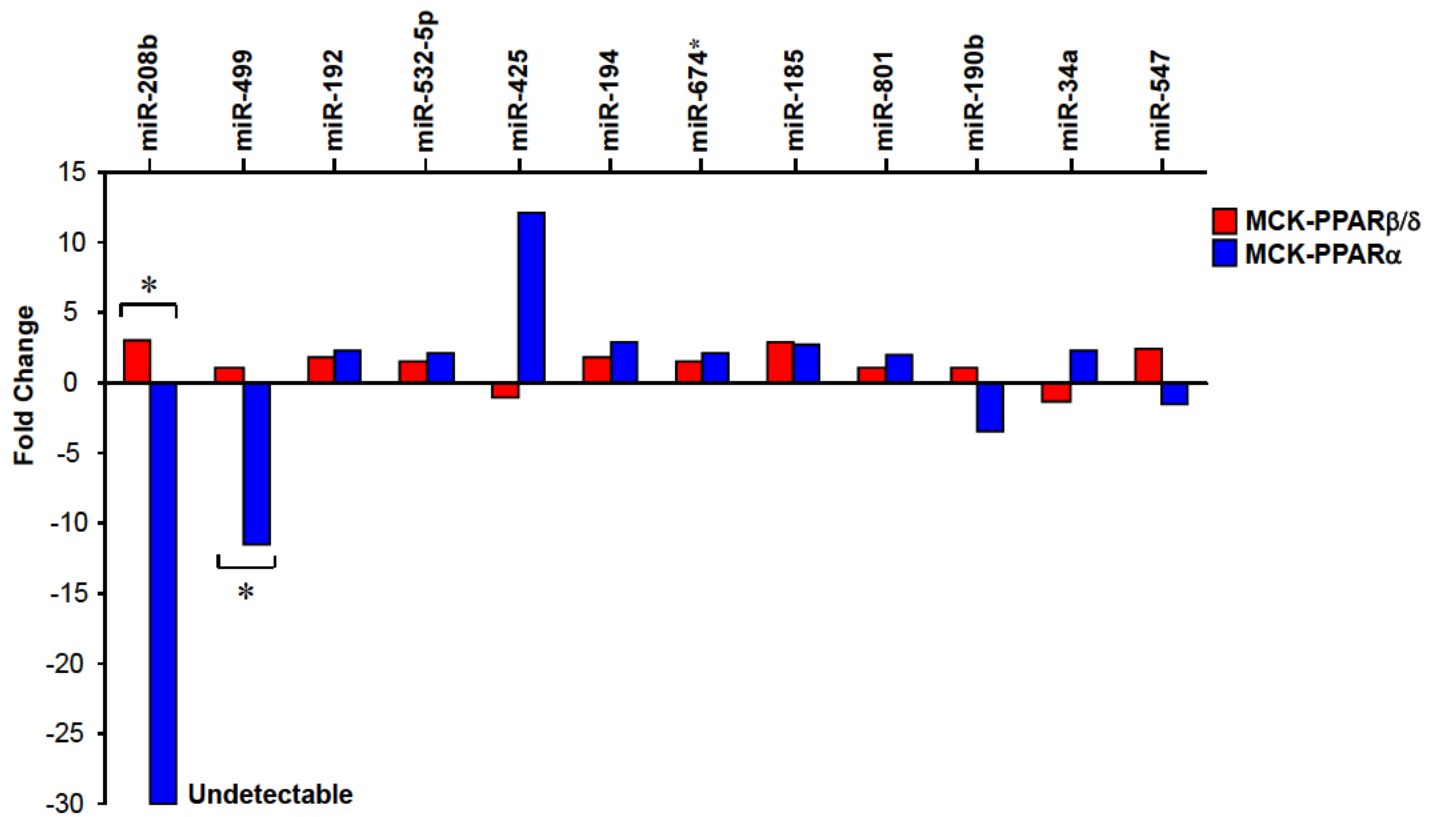


**A****B****Slow-twitch****Fast-twitch**

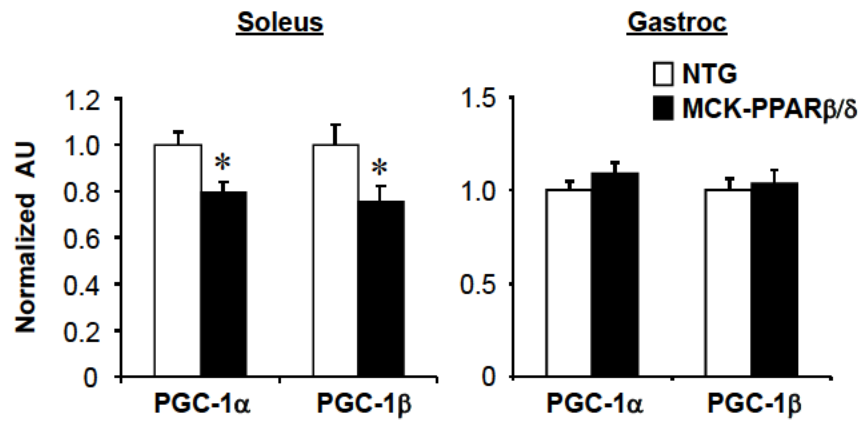
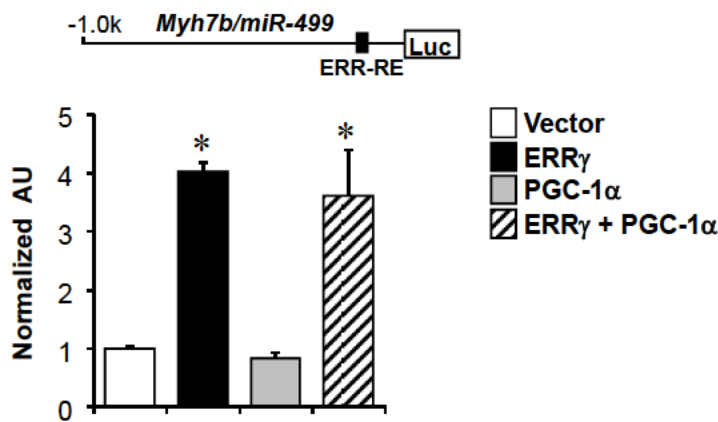
**Supplemental Figure 1. PPAR $\beta/\delta$  and PPAR $\alpha$  drive opposing muscle fiber type programs in vivo.** (A and B) Expression of MHC isoforms and representative slow/fast-twitch troponin genes (qRT-PCR) in gastrocnemius muscle from indicated genotypes (n=8-13/group). \* $P < 0.05$  vs NTG. All values represent mean  $\pm$  SEM, and shown as arbitrary units (AU) normalized to corresponding controls.



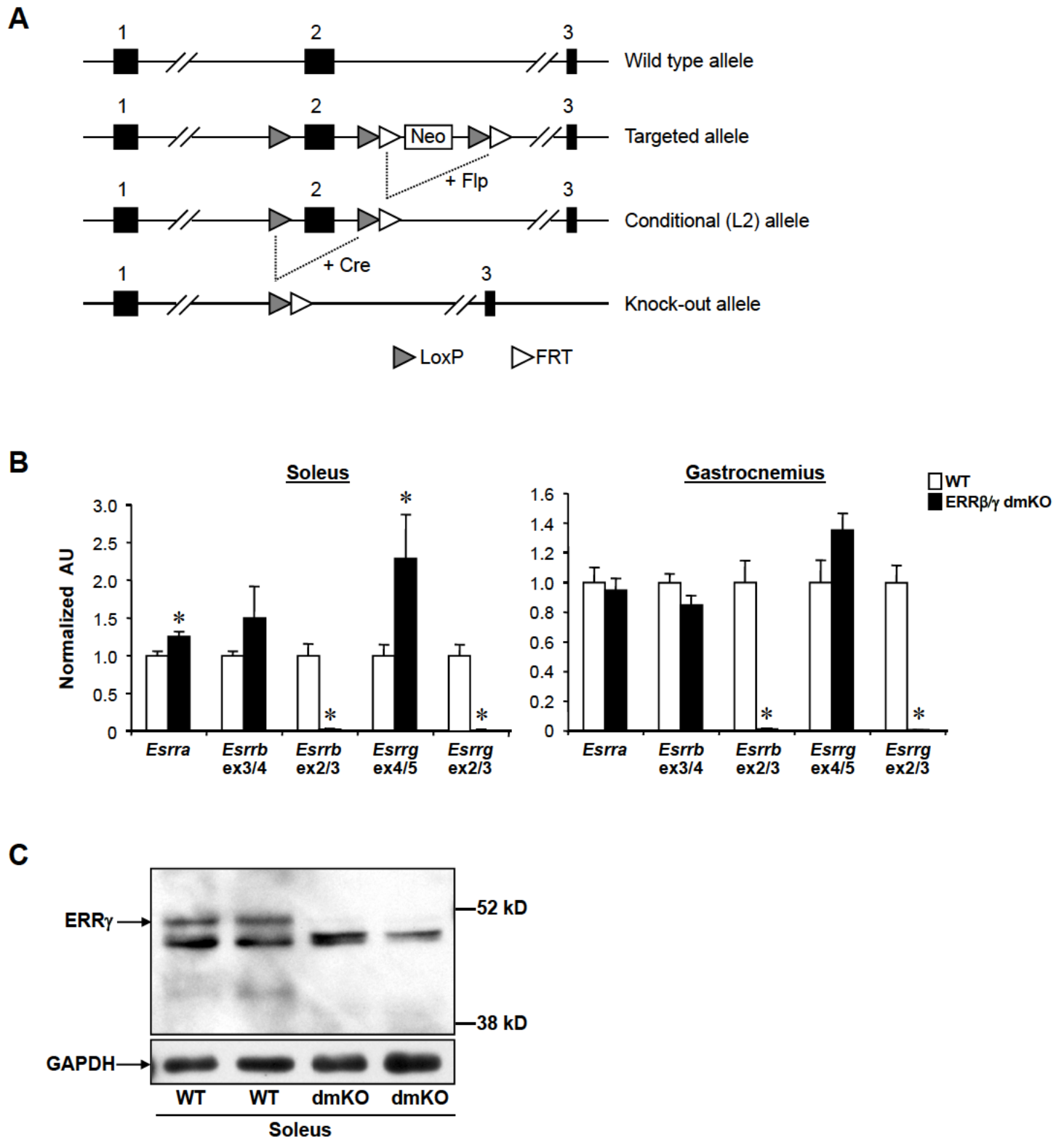
**Supplemental Figure 2. PPAR $\beta/\delta$  and PPAR $\alpha$  regulate opposing muscle fiber type determination in primary myotubes.** (A) qRT-PCR analysis of MHC isoforms in primary skeletal myotubes harvested from gastrocnemius of genotypes indicated (n=3). (B) Myotubes harvested from WT mice and subjected to adenoviral-based overexpression of PPAR $\beta/\delta$  or PPAR $\alpha$  compared to GFP control (n=3). \* $P < 0.05$  vs NTG or GFP. All values represent mean  $\pm$  SEM, and shown as arbitrary units (AU) normalized to corresponding controls.



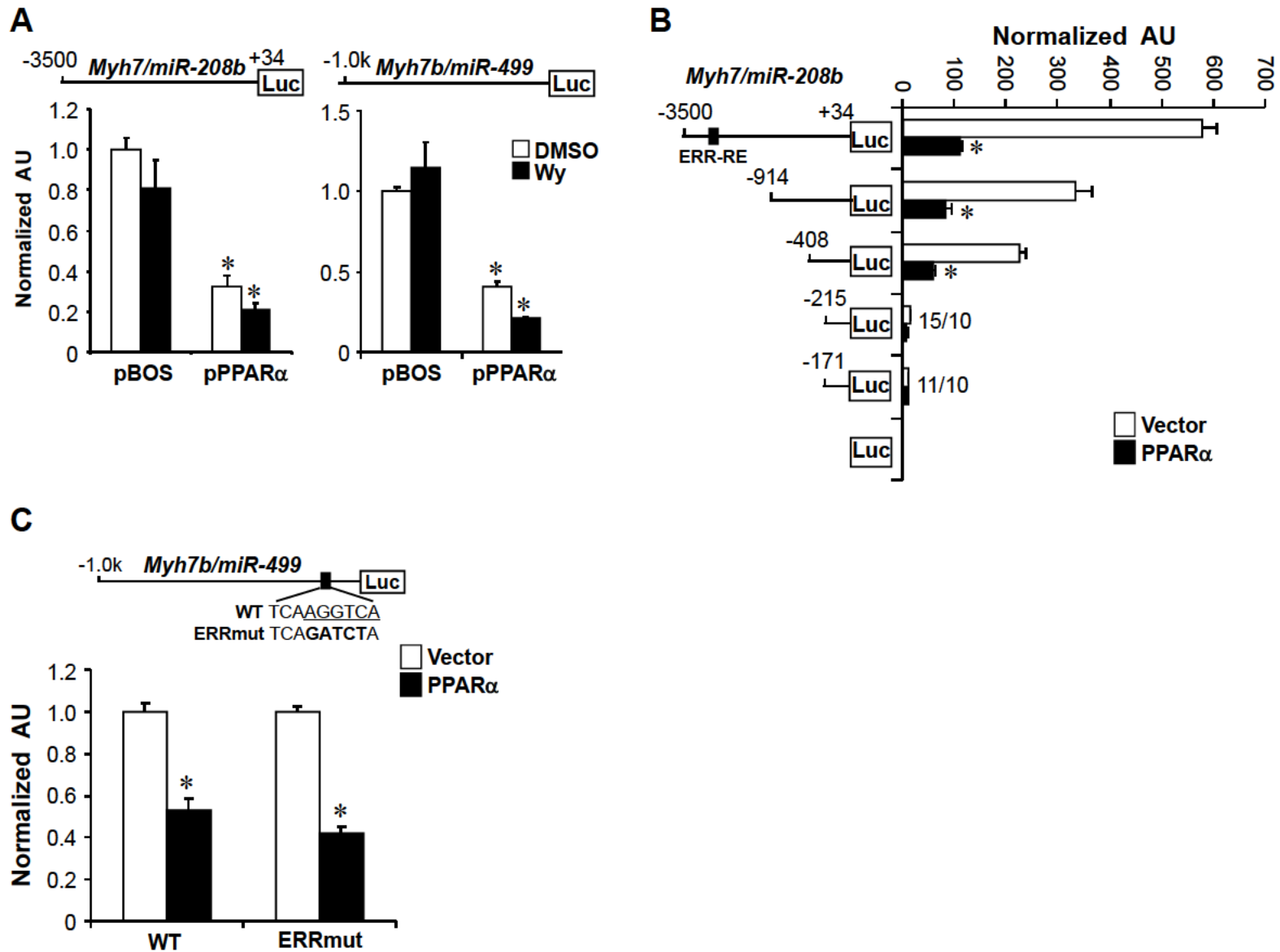
**Supplemental Figure 3. PPAR $\beta/\delta$  and PPAR $\alpha$  control distinct miRNA sub-networks in skeletal muscle.** Bars depict the fold change (upward, upregulated; downward, downregulated) of miRNAs from soleus of 3 month old male MCK-PPAR $\beta/\delta$  (red bars) and MCK-PPAR $\alpha$  (blue bars) mice compared to NTG littermate controls. Selected miRNAs from the TLDA Array are shown; criteria for selection was Ct values less than 30, a fold change greater than 2 (either direction) and a significant p value ( $< 0.01$ ) vs NTG in at least one of the MCK lines. Two differentially regulated miRNAs of interest are denoted with asterisks.

**A****B**

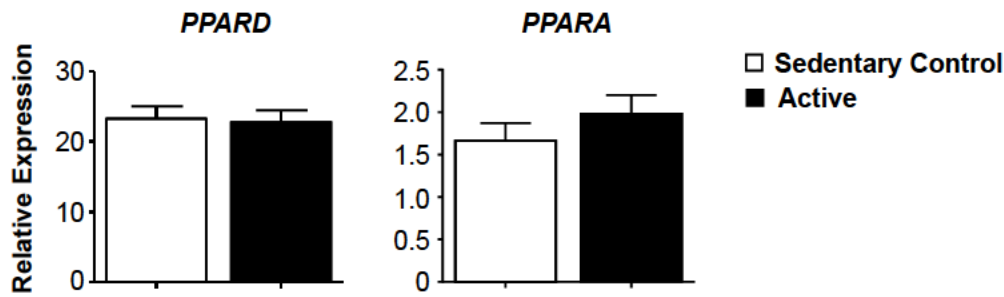
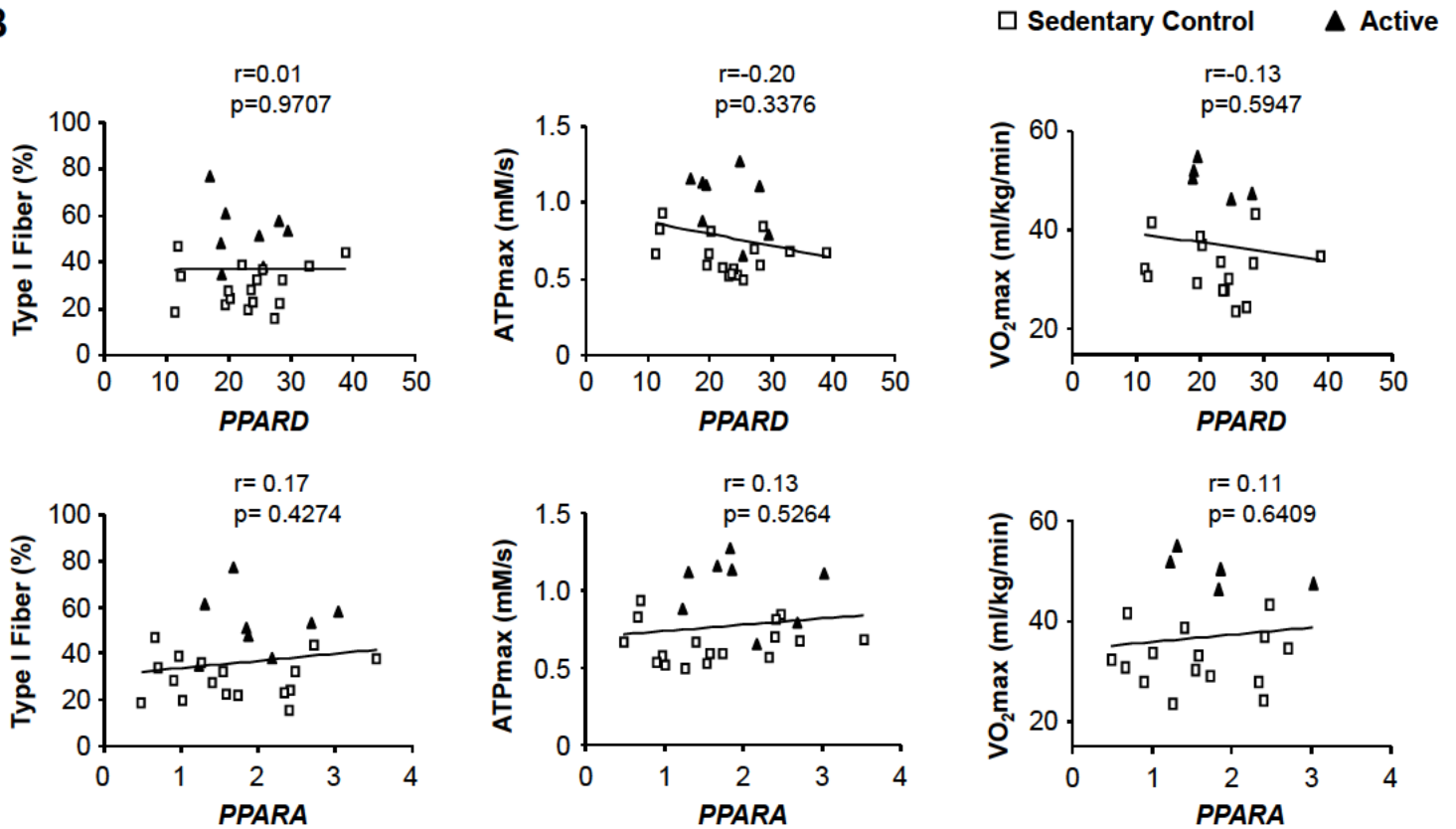
**Supplemental Figure 4. PGC-1 $\alpha$ -independent activation of the type I fiber program by PPAR $\beta/\delta$  and ERR $\gamma$ .** (A) Expression of PGC-1 genes (qRT-PCR) in muscle from indicated genotypes (n=7-12/group). (B) The m*Myh7b*.Luc.1K (WT) promoter reporter was cotransfected into C2C12 myotubes in the presence of expression vectors indicated (n=3). \**P* < 0.05 vs. corresponding controls. Luciferase assay is shown as arbitrary units (AU), normalized to vector control. All values represent mean  $\pm$  SEM.



**Supplemental Figure 5. Generation of mice with skeletal muscle-specific disruption of the *Esrrg* and *Esrrb* genes.** (A) Diagram of the wild-type, targeted, conditional (floxed exon 2) and knock-out (deleted exon 2) alleles of *Esrrg* (gene encoding ERRγ). Black boxes depict exons; gray and white triangles depict LoxP and FRT sites, respectively. A similar strategy was used at the *Esrrb* locus to flox and delete exon 2 of the ERRβ encoding gene. (B and C) qRT-PCR and western blot analysis of ERRβ/ERRγ expression in skeletal muscle from indicated genotypes (n=6/group). \**P* < 0.05 vs WT. All values represent mean ± SEM, and shown as arbitrary units (AU) normalized to corresponding controls.



**Supplemental Figure 6. PPAR $\alpha$  suppresses *Myh7/miR-208b* and *Myh7b/miR-499* promoter activity through an ERR independent mechanism.** (A) Rat 3.5 kb *Myh7* and mouse 1.0 kb *Myh7b* promoter reporters were cotransfected into C2C12 myotubes in the presence (PPAR $\alpha$  vector) or absence (pBOS vector) of PPAR $\alpha$ . 48h post-transfection, cells were treated for 24h with vehicle (DMSO) or 10  $\mu$ M of the PPAR $\alpha$  ligand, Wy14643 (Wy), as indicated (n=3). (B) A rat 3.5 kb *Myh7* promoter reporter deletion series was constructed and cotransfected into C2C12 myotubes in the presence or absence of PPAR $\alpha$  (n=3). (C) (Top) Site-directed mutagenesis was used to abolish the ERR response element. (Bottom) The m*Myh7b*.Luc.1K (WT) or ERRmut.m*Myh7b*.Luc.1K promoter reporters were cotransfected into C2C12 myotubes in the presence or absence of PPAR $\alpha$  (n=3). \**P* < 0.05 vs. corresponding controls. All values represent mean  $\pm$  SEM.

**A****B**

**Supplemental Figure 7. *PPAR* $\beta/\delta$  and *PPAR* $\alpha$  are not associated with measures of endurance in human muscle.** Samples from 5-8 “active” and 15-17 healthy sedentary controls were used for this analysis. (A) mRNA expression levels of *PPARD* and *PPARG* was determined by qRT-PCR. Data represent the mean  $\pm$  SEM. (B) Correlation between the expression of *PPARD* and *PPARG* to the type I fiber %, ATPmax, and  $VO_{2max}$ . Pearson correlation analysis was used to determine the correlation.

**Supplemental Table 1. Striated muscle slow-twitch contraction genes are differentially regulated in MCK-PPAR $\beta/\delta$  and MCK-PPAR $\alpha$  mice**

| Gene         | Description                                             | Fold Change             |                   |
|--------------|---------------------------------------------------------|-------------------------|-------------------|
|              |                                                         | MCK-PPAR $\beta/\delta$ | MCK-PPAR $\alpha$ |
| <i>Actc1</i> | actin, alpha, cardiac muscle 1                          | 0.1                     | 0.3               |
| <i>Actn2</i> | actinin alpha 2                                         | 1.7                     | 1                 |
| <i>Casq2</i> | calsequestrin 2                                         | 3.1                     | 1.5               |
| <i>Dmd</i>   | dystrophin, muscular dystrophy                          | 3.2                     | 0.8               |
| <i>Myh6</i>  | myosin, heavy polypeptide 6, cardiac muscle, alpha      | 2.5                     | 1.3               |
| <i>Myh7</i>  | myosin, heavy polypeptide 7, cardiac muscle, beta       | 1.7                     | 0.1               |
| <i>Myh8</i>  | myosin, heavy polypeptide 8, skeletal muscle, perinatal | 2.3                     | 0.6               |
| <i>Myl2</i>  | myosin, light polypeptide 2, regulatory, cardiac, slow  | 2.9                     | 0.7               |
| <i>Tnnc1</i> | troponin C, cardiac/slow skeletal                       | 2.2                     | 0.3               |
| <i>Tnni1</i> | troponin I, skeletal, slow 1                            | 2.2                     | 0.3               |
| <i>Tnni3</i> | troponin I, cardiac 3                                   | 4.4                     | 2                 |
| <i>Tnnt1</i> | troponin T1, skeletal, slow                             | 2.5                     | 0.4               |
| <i>Tnnt2</i> | troponin T2, cardiac                                    | 21.9                    | 0.7               |
| <i>Tpm3</i>  | tropomyosin 3, gamma                                    | 1                       | 0.1               |

Genes involved in striated muscle contraction pathway (Gene Ontology) were compared between NTG and MCK-PPAR gastrocnemius. Regulated genes (fold change greater than 1.5 or less than 0.5 in at least one of the MCK lines) are shown. Slow-twitch genes are shaded in pink.



| <b>Supplemental Table 2. Human subject characteristics</b> |                         |                                     |                       |
|------------------------------------------------------------|-------------------------|-------------------------------------|-----------------------|
|                                                            | <b>Active<br/>n = 8</b> | <b>Sedentary Control<br/>n = 17</b> | <b><i>p</i> Value</b> |
| Age (yr)                                                   | 23.25 ± 1.28            | 27.63 ± 1.22                        | 0.0358                |
| Weight (kg)                                                | 75.48 ± 3.11            | 80.24 ± 2.52                        | 0.2753                |
| BMI (kg/m <sup>2</sup> )                                   | 23.52 ± 1.02            | 25.69 ± 0.64                        | 0.1045                |
| Fasting Glucose (mg/dl)                                    | 88.63 ± 2.05            | 92.35 ± 2.11                        | 0.2838                |
| ATP <sub>max</sub> (mM/s)                                  | 1.01 ± 0.08             | 0.66 ± 0.03                         | <0.0001               |
| Type I Fiber (%)                                           | 52.68 ± 4.71            | 29.37 ± 2.23                        | <0.0001               |
| VO <sub>2max</sub> (ml/kg/min)                             | 50.24 ± 1.56            | 32.41 ± 1.50                        | <0.0001               |

Data represent the mean ± SD, differences were analyzed using Two-sample t-test, with a statistically significant difference defined as  $P < 0.05$ .

| Supplemental Table 3. RT-PCR primers |                                   |                                  |
|--------------------------------------|-----------------------------------|----------------------------------|
| Mouse Gene                           | Forward                           | Reverse                          |
| <i>36b4</i>                          | 5'-ATCCCTGACGCACCGCCGTGA          | 5'-TGCATCTGCTTGGAGCCCACGT        |
| <i>Esrra</i>                         | 5'-AGGAGTACGTCCTGCTG              | 5'-CCTCAGCATCTTCAATG             |
| <i>Esrrb</i>                         | 5'-ACGGCTGGATTTCGGAGAAC           | 5'-TCCTGCTCAACCCCTAGTAGATTC      |
| <i>Esrrg</i>                         | 5'-TGACTTGGCTGACCGAG              | 5'-CCGAGGATCAGAATCTCC            |
| <i>Myh7</i><br>(MHC1)                | 5'-GCCAACTATGCTGGAGCTGATGCCC      | 5'-GGTGCGTGGAGCGCAAGTTTGTCTATAAG |
| <i>Myh2</i><br>(MHC2a)               | 5'-GGCACAAACTGCTGAAGCAGAGGC       | 5'-GGTGCTCCTGAGGTTGGTCATCAGC     |
| <i>Myh1</i><br>(MHC2x)               | 5'-GGCAGCAGCAGCTGCGGAAGCAGAGTCTGG | 5'-GAGTGCTCCTCAGATTGGTCATTAGC    |
| <i>Myh4</i><br>(MHC2b)               | 5'-GAGCTACTGGATGCCAGTGAGCGC       | 5'-CTGGACGATGTCTTCCATCTCTCC      |
| <i>Myh7b</i>                         | 5'-GCCTCTGCGGACATTGATAG           | 5'-GGGCAGCTGGAAGATCACT           |
| <i>Tnni1</i>                         | 5'-TGAAGCCAAATGCCTCCACAACAC       | 5'-ACACCTTGTGCTTAGAGCCCAGTA      |
| <i>Tnnc1</i>                         | 5'-AGCTCATGAAGGACGGTGACAAGA       | 5'-AACCGTGCAAGACCAGCATCTACT      |
| <i>Tnnt1</i>                         | 5'-TGGATCCACCAGCTGGAATCAGAA       | 5'-GCTGATGCGGTTGTAGAGCACATT      |
| <i>Tnni2</i>                         | 5'-AGCAGCAAGGAGCTGGAAGA           | 5'-ATGGCGTCGGCAGACATAC           |
| <i>Tnnc2</i>                         | 5'-CCATCATCGAGGAGGTGGAC           | 5'-CTTCCCCTTCGCATCCTCTT          |
| <i>Tnnt3</i>                         | 5'-AACTGGAGACTGACAAATTCGAGT       | 5'-GCTGTGCTTCTGGGTTTGGT          |
| <i>PGC-1a</i>                        | 5'-CGGAAATCATATCCAACCAG           | 5'-TGAGAACCGCTAGCAAGTTTG         |
| <i>PGC-1b</i>                        | 5'-TCCAGAAGTCAGCGGCCT             | 5'-CTGAGCCCGCAGTGTGG             |
| <i>Esrrb</i><br><i>ex3/4</i>         | 5'-CCGGCCACCAATGAATGT             | 5'-ATCCAGCCGTCGCTTGTACT          |
| <i>Esrrb</i><br><i>ex2/3</i>         | 5'-ACATTGCCTCTGGCTACCAC           | 5'-CCCCTTTGAGGCATTTTCAT          |
| <i>Esrrg</i><br><i>ex4/5</i>         | 5'-TCCCCGACAGTGACATCAAA           | 5'-GTGTGGAGAAGCCTGGAATA          |
| <i>Esrrg</i><br><i>ex2/3</i>         | 5'-ATGCCCAAGAGACTGTGCTT           | 5'-CTTCTTTTCAGCATGCCCCACT        |
| Human Gene                           | Forward                           | Reverse                          |
| <i>GAPDH</i>                         | 5'-AGCCACATCGCTCAGACAC            | 5'-GCCCAATACGACCAAATCC           |
| <i>ESRRG</i>                         | 5'-AGTGGGCATGCTGAAAGAAG           | 5'-GCTGTTCTCCGCATCTATCC          |
| <i>PPARD</i>                         | 5'-GGG AAAAGTTTTGGCAGGAG          | 5'-TGCCCCAAAACACTGTACAACA        |

|              |                         |                          |
|--------------|-------------------------|--------------------------|
| <i>PPARA</i> | 5'-GCACTGGAAGTGGATGACAG | 5'-TTTAGAAGGCCAGGACGATCT |
| <i>MYH7</i>  | 5'-ACACCCTGACTAAGGCCAAA | 5'-TCCAGGGATCCTTCCAGAT   |
| <i>MYH7B</i> | 5'-TCCGCGGATATTGACAGC   | 5'-TCACCAGGCAACTGGAAGAT  |

| <b>Supplemental Table 4. ChIP primers.</b> |                                |                               |
|--------------------------------------------|--------------------------------|-------------------------------|
| <b>Mouse Gene</b>                          | <b>Forward</b>                 | <b>Reverse</b>                |
| <i>Myh7</i><br>-10.2 k                     | 5'-GGGGAAAGGACACAGCCTA         | 5'-CTAATCTCCCCTCCTATTATTAGCC  |
| <i>Myh7</i><br>-9.4 k                      | 5'-GCCCCTTGACACAAGCCTAAA       | 5'-CATGGGGATGGTGACCTTGC       |
| <i>Myh7</i><br>-2882                       | 5'-GAGACTAGCTCAGCTCCCTAA       | 5'-AGGAGTGGTAGCCAGCACTT       |
| <i>Myh7</i><br>+20077                      | 5'-CCATTGCCAGGGTCTAAGATGGTGCTG | 5'-GCAGAGGTGGAAAGTGGAATGAGCTG |
| <i>Myh7b</i><br>-7                         | 5'-GGGCTGTGACACGTGGAGAT        | 5'-CGGAGCACTGCTACCCCTTT       |
| <i>Myh7b</i><br>-2.0 k                     | 5'-CTCTCCTGGACCGGCTTC          | 5'-GAAAGGAACTCTGAGGGATGG      |